

## Spa Fleet

### Mobile Sauna Rental

#### **Reduce the Risk of Overheating and Scalding**

1. Prolonged exposure to the high temperatures, which prevail in a sauna may cause your body to overheat. Limit yourself to a maximum of fifteen (15) minutes at a time and allow your body to cool down to normal body temperature in between sauna rounds. Overexposure to high temperatures can be dangerous to your health. Exit immediately if nauseous, uncomfortable, dizzy or sleepy.
2. Check with a doctor before using sauna if pregnant, diabetic, in poor health and/or under medical care.
3. Do not use the sauna facility if you have recently consumed alcohol, drugs or medications.
4. Be aware that direct body contact with the sauna stove, sauna rocks, steam, stove pipe, heat shields and/or other metal objects in the sauna may cause serious injury.

#### **Reduce the Risk of Slipping and Falling**

1. Use care when entering and exiting the sauna facility. Use the handrail when using the steps.
2. Outside grounds may be icy. Use of proper footwear is recommended at all times.

### **Waiver and Release of Liability**

#### **Assumption Of Risk - Indemnification Agreement**

##### Guest or Renter Personal Information

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_

**THIS DOCUMENT AFFECTS YOUR LEGAL RIGHTS.  
READ THE ENTIRE DOCUMENT CAREFULLY BEFORE SIGNING.  
TERMS AND CONDITIONS**

In consideration of being permitted access to Spa Fleet equipment, programs, amenities and services pursuant to the access agreement provided to me or my host ("Rental Agreement"), I agree as follows:

1. **RELEASE OF LIABILITY AND ASSUMPTION OF RISK** – I understand and acknowledge that there is risk involved in being in and around Spa Fleet's equipment, including, but not limited to, utilizing equipment which may malfunction or break, participating in any exercise or fitness activity, patronizing or using Spa Fleet services, facilities and/or amenities, participating in programs or activities, and using or being present in and/or around any Spa Fleet equipment while stationary or in transit (towing) or arising from improper maintenance of any equipment or facilities. This includes, without limitation, my use of the changing room, sauna, outdoor stairs, all seating, shower, parking area, sidewalk or any equipment inside or outside of the Spa Fleet equipment and my participation in any activity, class, program or instruction. I agree that I am voluntarily participating in these activities and using the equipment and premises and assume all risk of injury, the contraction of any illness or medical condition that might result, or any damage, loss or theft of any personal property, whether any of the foregoing are suffered by me and/or my family members.

(a) **ASSUMPTION OF RISK.** I agree that I will assume the risk and full responsibility for any and all injuries, losses, death, costs, the contraction of any illness or medical condition that might result or other damages, loss or theft of any personal property that might occur to me and/or my family members while inside or outside of the Spa Fleet equipment, utilizing equipment which may malfunction or break, participating in any exercise or fitness activity, patronizing or using Spa Fleet services, facilities and/or amenities, participating in programs or activities, using or being present inside and outside of any Spa Fleet equipment, or arising from improper maintenance of any equipment or facilities, my use of the changing room, sauna, outdoor stairs, seating, shower, parking area, sidewalk or any equipment inside or outside of the Spa Fleet equipment, my participation in any activity, class, program or instruction, and negligence on the part of Spa Fleet, its officers, directors, employer contractors, agents and other members, including premises liability claims and/or equipment liability claims such as (by example and not by limitation) slip and falls and/or trip and falls inside or outside of any Spa Fleet equipment. ("Losses").

(b) **RELEASE OF CLAIMS.** To the maximum extent allowed by law, I, the undersigned ("I"), agree on my own behalf and on behalf of my family, personal representatives, heirs, executors, administrators, agents and assigns, to waive and release any and all claims, suits or related causes of action against Spa Fleet

Spa Fleet Mobile Sauna Rental – 35 Fairview Ave., High Falls, NY 12440 – spafleetrental.com – (646) 331.8329

